

SOMATOFORM DISORDER

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Somatoform disorder

It is a wide range of syndromes that include the association of physical symptoms (which mimic physical illness) with psychological stress

- 1-Somatization disorder**
- 2-Conversion disorder**
- 3-Pain disorder**
- 4-Hypochondriasis**
- 5-Body Dysmorphic disorder**

Somatization disorder

History of physical symptoms beginning before age of 30 years over a period of several years and result in causing impairment of social & occupational functioning

Symptoms

Four pain symptoms : pain symptoms
(Head, abdominal, Back, joint, chest,
rectum, during menstruation, during sexual
intercourse

Two gastrointestinal Symptoms : nausea ,
vomiting ,diarrhea

One pseudoneurological : impairment
coordination ,paralysis , localize weakness
,aphonia , urinary retention ,Hallucination

One sexual symptoms : erectile
dysfunction , premature ejaculation,
irregular menstruation,

Conversion disorder

It is symptoms affect voluntary motor or sensory function that suggest a neurological or General medical condition

- Usually precede by conflict or stress
- These symptoms is not intentionally produced
- After investigation ,the result , not explained a general medical condition

The symptoms cause impairment of social & occupational functioning .

Patient has 2gain

Primary gain

Secondary gain

- for seeking attention & sympathy
- to avoid responsibilities
- for financial gain
- to release guilt through suffering .

Incongruent between mood of the patient and the physical
Condition called (**la belle indifference**)

Pain disorder

It is pain in one or more anatomical sites which the predominant focus of clinical presentation and it is so severe that seeking medical attention .

-This pain cause impairment of social & occupational functioning.

-Psychical stress play a role in onset ,severity ,exacerbation or maintain of the pain.

-It is not intentionally produce

Hypochondriasis

It's a preoccupation with fear of having or belief of having a disease depend on personal misinterpretation of body symptoms

Diagnostic Guideline

The preoccupation persists even after investigation are normal or after reassurance

The belief is not reached to a delusion.

Causing of social & occupational functioning .

The duration is at least 6 months .

Common region. Head, neck, abdomen, chest in order

Bodily system : musculoskeletal, Gastrointestinal, CNS
symptoms usually unilateral & mostly on left side .

Bodily dysmorphic disorder

- It is a preoccupation with the defect in appearance .
- it is either imagined ,or slightly physical anomaly is present .
- The person' concern is markedly excessive ,causing impairment of social &occupational functioning
- It involve usually face ,arm ,genital organ ,It is describe as too small, too lager ,or asymmetrical . It may be associate with social phobia ,so refuse appear in public ,&usually go out after darkness

Thank You

