

# Personality

It refer to the organization of an individual, temper , intellectual ,its character as well as its physique interact each other to produce normal personality .

The factor determine the personality :

1. Physique (body build )or shape
2. Environmental
3. Experience (learning)

**1 - physique: described by**

Kretschmer :

- 1.pyknic
2. asthenic
3. athletics
4. dysplastic

Sheldon .

1. (Endomorph )- (viserotonia )
2. Mesomorph –(Somatotonia )
3. Ectomorph (crebrotonia) .

## Theories of personality

1- Trait theory by Cattle

2--Type theory

3--Psychoanalytic theory

## Type theory

A--The old one described by Galinose ,Hippocrates , that describe 4 types of fluid

1. Sanguine (bloody )
2. Melancholic (black bile)
3. Phlegmatic (phlegm)
4. Choleric (yellow)

B /

**Jung:**

1. Introvert
2. Extrovert

**Psychoanalytic theory**

- a-Oral stage
- b-Anal stage
- c-Phallic stage
- d-Latent
- e-Genital stage

**Structure of personality**

1. Id
2. Ego
3. Super ego.

