

## **Nocturnal Enuresis**

**Definision** :The child continue to urinate after age of controlling (4-5 years old age )

**More in boy than girl**

**15 -25 % a among children -5-12 years old .**

**In low social class .**

**primary occur from the start after age of controlling .**

**Secondary- occur after a period of drying .**

### **Causes**

- 1. Failure of training (classical conditioning ).**
- 2. Violence by parents.**
- 3. Disturbed family as divorce mother ,polygamy or over crowded family.**
- 4. Usually occur at age of entry to the school and separation from mother .**
- 5. Migration from one city to another, from one country to another, or from one school to another .**
- 6. Jealousy from newborn .**
- 7. Lack of emotional affection of the mother**
- 8. Deep sleep .**

## **Treatment**

### **1-Reassessment and psychological support**

- **Do not hospitalize or laugh a against the child**
- **Support the child to have good sleep (at least one hour per day )**
- **Diet –have no spices or sugar**
- **Go to Toilet before sleep**
- **Awake the child after one half hour after sleep or repeat it after 3hours.**

### **2- A-Bell and pad**

**B-Drugs ex. Tofranil , Minirine Desmopresin).**

