

# Cholinergic system part 2

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# Cholinesterase inhibitors (Anticholinesterases)

Are drugs that prevent degradation of Ach by cholinesterase, are of 2 types:

**1. Reversible**- produce effects of moderate duration

**2. Irreversible**- produce long lasting effects

# Reversible cholinesterase inhibitors (anticholinesterase)

## 1) Neostigmine ( $t_{1/2}=2\text{h}$ )

- \* Is a **synthetic reversible anticholinesterase**
- \* **action is more prominent on NM junction & alimentary tract than CNS, CVS & eye.**
- \* **It contains quaternary nitrogen atom**
- \* **so it cannot readily cross membranes including of GIT, BBB & placenta,**
- \* **so it is poorly absorbed after oral administration.**

## Pharmacological effects-

intensifies transmission at all junctions where Ach is a transmitter

## Pharmacokinetics

can be administered orally, s.c, i.m, i.v, duration of action is 2-4 h, cannot cross BBB, eliminated by enzymatic degradation.

## Therapeutic uses

1.myasthenia gravis

2.reversal of non-depolarizing NM blockade

## 2)Physostigmine

is similar to neostigmine, but is

- not quaternary ammonium compound
- can readily cross membranes like BBB

### Uses

1.is drug of choice in treatment of atropine poisoning because it can cross BBB & reverse muscarinic blockade in CNS

2.glaucoma

### **3)Pyridostigmine**

**is similar to neostigmine, but it has**

- slower onset of action**
- slightly longer in duration**
- fewer visceral effects.**

**Is used in myasthenia gravis**

## 4)Edrophonium

is structurally related to neostigmine but

its action is brief

autonomic effects are minimal except in high doses.

### Uses

1.diagnosis of myasthenia gravis

2.to differentiate between myasthenic crisis(is improved) and cholinergic crisis (is aggravated)

# Adverse effects of cholinomimetic drugs

- **Miosis, Lacrimation**
- **Excessive salivation**
- **Increased gastric secretions, increased tone & motility of GIT—colicky abdominal pain, diarrhea**
- **Bradycardia, hypotension**
- **Bronchospasm, bronchorrhea**
- **Urinary urgency**
- **Sweating**



## **Precautions & contraindications to cholinomimetic drugs**

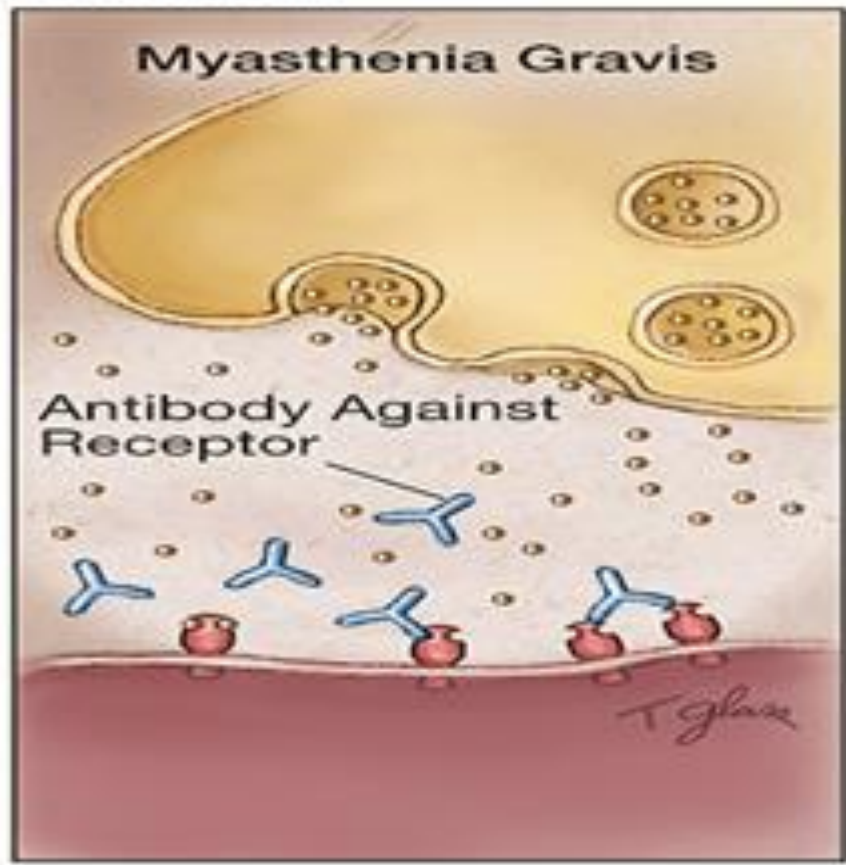
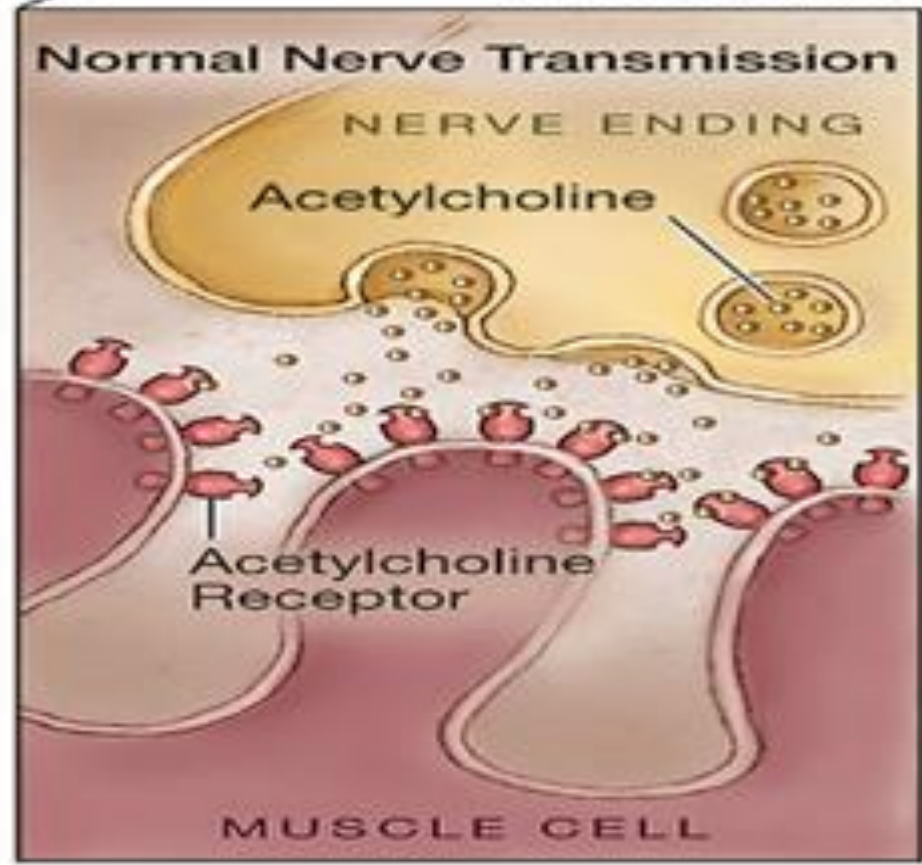
- 1. Mechanical obstruction of GIT & urinary tract**
- 2. peptic ulcer**
- 3. bronchial asthma**
- 4. coronary insufficiency and bradycardia**

# Myasthenia gravis

- Is an **autoimmune disease**
- there is **impairment of synaptic transmission at NMJ**
- patients have **auto Ab to the muscle(nicotinic) Ach receptors.**
- These Ab accelerate receptor turnover, shortening their life time in skeletal muscle membrane from 7 days to 1 day in myasthenic patients.



### Neuromuscular Junction



## Clinical features

diplopia, fatigue, ptosis, difficulty in speaking & swallowing.

Ptosis (drooping of the eyelid)



## Diagnosis

**1. Edrophonium i.v, it will dramatically & transiently relieve myasthenic muscular weakness.**

**2.measurement of Ach receptor Abs titer to confirm diagnosis**

# Treatment

## 1. symptomatic- Anticholinesterase

**pyridostigmine** is preferred because its action is smoother than neostigmine.

**Neostigmine** has more rapid onset of action so has advantage to be given in the morning to get the patient mobile

\*These drugs are given orally, but can be given parenterally if there is difficulty of swallowing.

# Irreversible cholinesterase inhibitors

**\*Are highly toxic, used primarily as insecticides.**

**They are also developed to be used in war (called as nerve gases but they are volatile liquids).**

**\*They are organophosphate cholinesterase inhibitors because they contain an atom of phosphorus.**

They are **highly lipid soluble** so are readily absorbed from all routes of administration like skin, GIT & inhalation.

Once they are absorbed , they have readily **access to all tissues & organs including CNS.**



# Mechanism of action

\*They **bind irreversibly** to active center of cholinesterase so preventing the enzyme from hydrolyzing Ach.

\*Because of irreversible binding, effects persist until new molecules of cholinesterase can be synthesized.

# Typical features of acute poisoning

- 1.CNS-** anxiety, headache, convulsions, respiratory failure
- 2.Eye-** miosis, excessive lacrimation
- 3.GIT-**salivation, vomiting, abdominal cramps, diarrhea, involuntary defecation
- 4.Respiratory system-**bronchoconstriction, increased bronchial secretions, cough, wheezing & dyspnea

**5.CVS**-bradycardia, hypotension

**6.GUT**-involuntary micturition

**7.Skin**- excessive sweating

**8.Skeletal system**- muscle twitching and weakness

• **Death is due to respiratory failure caused by:**

**a-action in CNS causing respiratory center depression**

**b- respiratory muscles paralysis**

**c- excessive bronchial secretions & bronco-constriction**

- **S** Salivation, sweating
- **L** Lacrimation
- **U** Urination
- **D** Defecation
- **G** Gastrointestinal cramps
- **E** Emesis

## **SLUDGE , MBC**

- **M** Miosis, Muscle Weakness
- **B** Bradycardia, Bronchospasm, Bronchial Hypersecretion
- **C** Convulsion, Coma, Central respiratory depression

# Treatment

1. contaminated clothes should be removed & skin washed
2. atropine 2mg i.m or i.v & repeated every 15-60 min until dryness of mouth & heart rate exceeding 70 beats/min which indicates adequate effect
3. mechanical ventilation
4. diazepam for convulsions
5. atropine eye drops to relieve headache caused by miosis

**6.enzyme reactivation- pralidoxime reverses poisoning by dissociating organophosphate inhibitors from active center of cholinesterase.**

**It is given by a slow i.v injection over 5-10 min.**

**Limitations of pralidoxime:**

- 1. Its efficacy is decreased if administered after 12 hours of poisoning**
- 2. It can not cross BBB, so can not reverse cholinesterase inhibition in CNS.**

**The only therapeutic use of irreversible anti cholinesterases is in glaucoma & one drug is available (echothiopate).**

# Questions

- **The following are features of organophosphorous poisoning except**
- **A. tachycardia**
- **B. involuntary urination**
- **C. excessive sweating**
- **D. abdominal cramps**
- **E. respiratory failure**



*Thank You*

