# BCM 101 BIOCHEMISTRY

# Week 5 Practical "Colorimetric estimation of plasma proteins"

Blood, consists of 45% formed elements (cells) and 55% plasma. Plasma (the liquid portion of blood) consists mainly of water (about 90-92%), proteins, salts, oxygen, carbon dioxide, nutrients and waste.

"**Plasma proteins**" are of 3 major types: albumin, globulins and fibrinogen. They are all synthesized in the **liver**, with the exception of the gamma globulins which are produced by Blymphocytes.



**N.B. Plasma** is obtained from blood in which an anticoagulant is added, while **serum** is obtained when no anticoagulant is added.



### Functions of plasma proteins:

- **1.** Plasma proteins maintain blood osmotic pressure, pH and volume.
- 2. Albumin transports many substances in blood including hormones and some drugs (plasma protein-bound drugs).
- 3. Gamma globulins (antibodies) fight infection.
- 4. Fibrinogen is necessary for blood clotting.

#### Normal value of plasma proteins:

The normal value of plasma proteins in humans is 6 - 8 g/dl (dl= 100 ml).

#### Clinical significance:

In some cases, the value of plasma proteins is lower than normal (below 6 g/dl); this is known as **hypoproteinemia** and can be caused by malnutrition, liver disease or severe burns. In other cases, the value of plasma proteins is higher than normal (above 8 g/dl); this is known as **hyperproteinemia** and can be caused by dehydration due to severe vomiting or diarrhea.

The **<u>aim</u>** of this practical session is to:

- 1. Estimate the concentration of proteins in a plasma sample using a colorimetric method, the "**Biuret method**".
- **2.** Comment on the provided case.

# Biuret method for colorimetric estimation of plasma proteins

#### Chemical structure of proteins:

Proteins are polymeric compounds composed of "**amino acids**" joined together by "**peptide bonds**".



#### Principle of the biuret method:

- The biuret reaction is a method that can be used to determine the amount of protein in a solution.
- The biuret reagent (copper sulfate in a strong base) reacts with peptide bonds in plasma proteins to form a violet complex known as the "**biuret complex**".
- **N.B.** Two peptide bonds at least are required for the formation of this complex.
- A **colorimeter** can be then used to measure the intensity of the color produced; the more protein present the darker the color.



**Biuret complex** 

- To estimate the concentration of plasma proteins, one of the two following methods can be used:
  - **1.** Performing the biuret reaction on a "**standard**" protein solution (i.e. of known concentration) and then applying the following equation:

$$C_{test} = C_{std} \times A_{test} / A_{std}$$

2. Performing the biuret reaction on a series of standard protein solutions and then constructing a "standard curve" by plotting the absorbance on the y-axis and the concentration on the x-axis. From this curve, the absorbance reading of any sample can be converted into its coresponding concentration.



## Practical:

- **1.** Blood is drawn from a vein and transferred into a centrifuge tube containing an anticoagulant. In this case, blood will not clot and blood cells will settle to the bottom of the tube leaving plasma on the top.
- **2.** Plasma is obtained by centrifugation of blood for 10 minutes.



- **3.** Determine the protein concentration in the provided plasma sample of patient **1**, **2** or **3** using the **biuret method** as follows:
  - In a clean dry test tube, add 0.5 ml of distilled water (blank) or plasma sample (test), then add 2 ml of biuret reagent.

	Blank	Test
Distilled water	0.5 ml	
Test		0.5 ml
Biuret reagent	2 ml	2 ml





violet

- Mix the content of each tube.
- Allow to stand for 15 minutes.
- Read the absorbance at 550 nm.

blue

• Construct a "**standard curv**e" for plasma proteins using the values in the table below showing the absorbance reading of protein solutions of different concentrations.

Concentration (g/dl)	Absorbance (at 550 nm)
0	0.00
1	0.07
2	0.14
4	0.28
7	0.49
10	0.70
12	0.84

- Determine the concentration of plasma proteins (g/dl) in the provided sample.
- **Comment** on the provided case.

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#### Laboratory exercise:

**1.** Determine the concentration of proteins in the provided plasma sample using the biuret method.



#### 2. Write your <u>comment</u> on the case:

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