



Food



Eating habits

- In small groups, tell each other everything you ate and drank yesterday? Which of you has the healthiest diet?
- I'm going to ask you some questions. Listen carefully to each one. (Direct each question to a different student. Listen to the answer, then ask another student to repeat the question. Ask the whole class to write it down.)

Are you a good cook? What is your speciality? What is your favourite fruit? What's the most expensive thing you've ever eaten? What do you think of British food? What's a typical dish of your country? What topping do you like on pizzas? Who does the cooking at home?

In pairs, ask and answer all the questions.

- In groups, find out how many different kinds of restaurant your group has been to, e.g. Chinese, Greek, etc. Which group has been to the most?

In your groups, imagine you are all going out for a meal. Agree on which kind of restaurant to go to.



Potato game

- Take turns to name one thing that can be done with a potato, e.g. *It can be used as a paper weight*. If you can't think of an idea, you are out of the game. The last person to give a use is the winner.
- In groups, take turns to think of a vegetable and answer these ten questions without naming the vegetable. After each question, one of the others in the group will have a go at guessing what the vegetable is. Whoever gets it right wins points – 10 on the first guess, 9 on the second, and so on.

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| 1 Can it be boiled? | 6 Do people eat a lot of them/it in the UK/USA? |
| 2 Is it countable or uncountable? | 7 What do you eat it with? |
| 3 Does it grow in the ground? | 8 How big is it? |
| 4 Can you eat it raw? | 9 What colour is it? |
| 5 Is it bitter or sweet? | 10 What's the first letter? |



Rice

In small groups, make a list of different ways of cooking rice, e.g. *egg fried rice, paella, rice pudding*.

On your own, write instructions for how to cook perfect rice. Compare them with the others in your group.