

Gall bladder 1st lecture

Objectives :

- Anatomy & function of gall bladder .
- Congenital anomalies .
- Investigations .
- Gall stones (Cholelithiasis) ; Types , Etiology , effects and complications .

The gall bladder and bile duct :

Anatomy:

- Pear shape , 7.5 – 12 cm in length .
- Capacity > 50 ml .
- Fundus , body , neck & infundibulum .
- cystic duct (2.5 cm , 0.5 cm) join common hepatic duct (2.5 cm) to form CBD. (7.5 cm)

Blood supply : cystic artery from Rt. Hepatic artery .

Caterpillar turn : Tortuous Rt. Hepatic artery in front of origin of cystic duct with short cystic Ar.

Lymphatics : two ways ;

- 1- To cystic L. node of Lund → coeliac L. N.
- 2- Directly to liver .

Physiology :

Bile → 97% water

→ 2% bile salt

→ 1% bile acid and cholesterol.

Bile production : 40 ml / hour = 1000 ml /day .

Gall bladder function :

- 1- Reservoir & storage.
- 2- Concentration of bile 5-10 times .
- 3- secretion of mucin ; 20 ml / day .

Investigations of biliary tract :

1) Plain Xray :

- Radio opaque stone 10 – 20 %.
- Porcelain gall bladder .
- Limey bile .
- Gas in biliary tree.

2) Oral cholecystography & iv. Cholangiography.

- Out of use .
- Historical interest.

3) Ultrasonography :

- Prime test .
- Standard test .
- Quick , non-invasive test .

4) ERCP. & endoscopic ultrasonography .

5) MRCP .

6) Radio isotope scanning :

^{99m}Tc , HIDA , IODIDA . Iv. given , excreted in bile, gall bladder visualised 30 minute if delayed to 1 hour suggest acute cholangitis or contracted gall bladder (chronic) .

7) CT. Scan :

- To detect liver and pancreatic lesion .
- Cancer extent and staging .
- L. Node enlargement .

8) PTC .

9) Per operative cholangiography .

10) Per operative choledochoscopy :

Flexible fiberoptic endoscope to localize and extract stone .

Congenital abnormalities of GB. & bile ducts :

- 1- Absence of G.B.
 - 2- Phrygian cap 2 – 6 % , phrygian cap like hats of people of phrygia & asia minor.
- Suption in G. bladder either complete or incomplete .
- 3- Intra hepatic G.B.
 - 4- Floating G.B. → torsion .
 - 5- Double G.B. May be one of them .
 - 6- Cystic duct anomalies : Intra hepatic ;
 - Accessory duct .
 - Low insertion .
 - Short or absent.

Extra hepatic biliary Atresia :

- 1/2000 live births .
- Occlusion of variable length .
- inflammation → destruction → fibrosis → obliteration .

Outcome :

- Biliary cirrhosis .
- Portal hypertension .
- Jaundice .
- Liver failure

Types :

Type I occlusion of C.B.D.

Type II C.B.D. + C.H.D.

Type III C.B.D. + C.H.D. + Lt. & Rt. H.d.

Clinical features :

- 1- Jaundice at birth – progressive –
- 2- Pale muconium.
- 3- Dark urin .
- 4- Steatorrhoea.
- 5- Osteomalacia(biliary rickets).
- 6- Clubbing of fingers .
- 7- Portal hypertension .
- 8- Another anomalies in 20% .

DDx:

- 1- Neonatal jaundice .
- 2- Choledochal cyst .
- 3- Inspissated bile .
- 4- Neonatal hepatitis.

Rx : Early surgery Roux-en-Y or liver transplant.

Post op. Complications :

- 1- Cholangitis in 40% .
- 2- Portal hypertension 50% .

Choledochal cyst :

Def.: Congenital cystic dilatation of biliary tract.

Clinical features :

- 1- Jaundice .
- 2- Rt. hypochondrial cystic mass .
- 3- Cholangitis & pancreatitis .

Dx :

- 1- ultrasound diagnostic test .
- 2- MRI. & MRCP.
- 3- CT. scan .

Px : Premalignant → cholangiocarcinoma .

Rx : Surgical excision & Roux-en-Y .

Gall stones (cholelithiasis) :

- The most common biliary disease .
- 10 – 15 % of adults in USA.
- 20 – 30 million .

Types : 3 main types ;

I : Cholestrol stone 6% .

II : Pigmented stone (black , brown) .

III : Mixed stone 80% .

Aetiology :

- 1- Change in cholestrol / bile acid ratio .
- 2- Metabolic factors .
- 3- Infection .
- 4- Bile stasis .
- 5- F. Body .
- 6- Haemolysis .
- 7- Hormonal factors
- 8- Pregnancies – fertility .
- 9- Obesity .
- 10- High – calorie diet .

5 F : - Female .

- Fatty.

- Flatulance.

- Fourty , fifty.

- Fertile.

Effects & complications of gall stones → clinical presentation :

- 1- Silent , asymptomatic .
- 2- Inflammation & infection → acute & chronic cholecystitis .
- 3- Obstruction : 1) jaundice 2) colick.
 3) mucocele . 4) empyema.
- 4- Perforation & fistula .
- 5- Dyspepsia , flatulence & food intolerance .
- 6- Ca. gall bladder .

Another classification of effects & complications of stones :

I : Gall bladder :

- 1) Silent .
- 2) Cholecystitis.
- 3) gangrene.
- 4) perforation & fistula.
- 5) empyema.
- 6) mucocele .
- 7) Carcinoma.

II : Bile ducts :

- 1- Jaundice.
- 2- Cholangitis .
- 3- Pancreatitis .

III : Intestine : intestinal obstruction (gall stone ileus).

Gall bladder 2nd lecture

Objectives :

- Cholecystitis ; acute & chronic ; Manifestations , DDX and management .
- Post cholecystectomy complications and syndrome .
- Bile ducts stones ; effects and complications .
- Tumors of gall bladder and biliary tree .

Cholecystitis :

- 1) Acute & 2) chronic
- Calculous 85 – 95 %
- Acalculous 5 – 15 %

Acute :

Inflammation of gall bladder wall .

M.O. :

- 1- E.coli .
 - 2- klebsiella .
 - 3- streptococcus faecalis .
 - 4- bacteroid .
 - 5- clostridia.
 - 6- typhoid .
- } uncommon & serious

Causes of acute cholecystitis :

- 1- Stone in 90% impacted in Hartmann's pouch or obstructing cystic duct .
- 2- Stasis .
- 3- Pancreatic juice reflux .

- 4 – CBD stone .
- 5- Bacteremia .
- 6 – Vascular effect of → D.M.
 - sickle
 - hypertension
 - collagen disease
- cystic artery thrombosis → ischemia .

Clinical features of acute cholecystitis :

- 1- sudden onset .
- 2- 30 – 70 years & > 60 years 25% - 35% .
- 3- White caucasian > black people .
- 4- Heavy fatty meal .
- 5- Pain .
- 6- Nausea & vomitting .
- 7- Fever > 38° C .
- 8- Boas's sign .
- 9- Jaundice ?
- 10- Murphy sign .
- 11- Tenderness & rigidity .
- 12- Palpable tender mass .

DDx :

- 1- Appendicitis .
- 2- Perforated peptic ulcer .
- 3- Acute Rt. Pyelonephritis .
- 4- Liver abscess .
- 5- Rt. Lower lobar pneumonia.
- 6- Hepatitis .
- 7- Pancreatitis .
- 8- Herpes zoster .
- 9- **Myocardial infarction .**

The sequelae of attack :

- 1- Resolution ; disimpaction of the stone & drainage , slipping back of the stone.
- 2- Impacted stone persist → gangrene , mucocoele , empyema .
- 3- Perforation .
- 4- Chronic .

- Dx:
- 1- C X R & abdomen X ray .
 - 2- ultrasound .
 - 3- Radio isotope scan (HIDA) .
 - 4- L.F.T.
 - 5- WBC ____ leucocytosis .

Treatment :

A- Conservative Rx .

B- Cholecystectomy .

A- Conservative :

90% of cases the symptoms subside.

1- N.G. tube & nil per mouth .

2- Antibiotics e.g.; cefazolin , cefunoxime , gentamicin .

3- Analgesia & antispasmodic .

B- Cholecystectomy : → Early 2 – 3 – 5 days .

→ Delayed > 6 weeks .

-Laposcopic .

- Open .

N.B. : Conversion rate in acute cholecystitis 5 times than in elective (delayed) but still
conversion not failure of laposcopic cholecystectomy .

Chronic cholecystitis :

Thickened fibrotic wall of G.B. With stone(s) .

Symptoms :

- 1- Pain : episodes of Rt. hypochondrial pain of varying severity & interval (3 – 12 hours) after .
- 2- Flatulent dyspepsia , fullness , belching , heartburn & distension .
- 3- nausea & vomiting .

Dx: As acute .

Rx: Cholecystectomy .

Saint triad :

- 1- Gall stone(s) .
- 2- Diverticulosis .
- 3- Hiatus hernia .

It is important to find which one is the cause for dyspepsia .

Post cholecystectomy complications :

- 1- Bleeding .
- 2- Jaundice .
- 3- Adjacent organs injury .
- 4- Biliary leak → fistula ; due to :
 - a) Slupe ligature
 - b) Accessory duct .
 - c) CBD. Injury or ischemia .
 - d) Mirizzi syndrome .
- 5- Post cholecystectomy syndrome .

Indications of cholecystectomy :

- 1- Symptomatic gall stones .
- 2- Asymptomatic gall stone as prophylactic cholecystectomy (controvarsial) .
 - a) Malignancy in 0.3 – 3% .
 - b) Diabetic patient .
 - c) Sickle & thalacaemia .
 - d) Morbid obesity (before undergoing bariatric surgery) .
- 3- Ca. gall bladder .

Post cholecystectomy syndrome :

15% of cholecystectomy fail to relieve the symptoms .

Causes :

- 1- Saint`s triad .
- 2- Pancreatitis .
- 3- D.U.
- 4- C.B.D. stone .
- 5- Long cystic duct stump .
- 6- C.B.D. Stricture .
- 7- Fibrosis of sphincter of oddi .

Indications of choledochotomy at cholecystectomy :

- 1- Stone in CBD.
- 2- Jaundice now or history .
- 3- Dilated CBD. > 10 mm.
- 4- $\uparrow$ alkaline phosphatase .
- 5- Wide cystic ducts & multiple small gall stones .

Stones in bile ducts :

Primary or secondary to gall stone.

Consequences : → obstructive jaundice .
→ cholangitis .

Symptoms :

- 1- Jaundice ; either intermittent or persistent .
- 2- Colicky pain .
- 3- Fever & rigors .

Complications of bile ducts stones :

- 1- Cholangitis .
- 2- Pancreatitis .
- 3- Biliary cirrhosis .

Dx : - L.F.T.

- US.
- ERCP.
- PTC.

Treatment :

- 1- ERCP & sphincterotomy .
- 2- Choledochotomy :

A- Supraduodenal choledochotomy stone removed and then T.tube or choledochoduodenostomy .

B- Trans duodenal sphincterotomy & stone extraction .

Carcinoma of gall bladder :

- Very rare .
- 90% with gall stone .
- female/male is 5/1 .

Aetiology :

- 1- Stone 0.3 – 3% .
- 2- Age 70(s) .
- 3- Porcelain gall bladder .

Pathology : Types :

- Scirrhou carcinoma .
- Squamous carcinoma .
- Adenocarcinoma .

- ## **Spread :**
- 1) Direct invasion of the liver .
 - 2) Lymphatic → Hilar L.nodes → Celiac L.N.
 - 3) Distant ___ uncommon .

Clinical features :

- 1- Accidentally dicovered at cholecystay in 1% .
- 2- May present with cholecystitis like manifestation .
- 3- Palpable mass .
- 4- Jaundice .

Treatment :

Cholecystectomy + excision of gall bladder liver bed + Hilar Lymphadenectomy .

Px :

- Poor.
- 90% will die in one year .
- 2 – 5% is 5 year survival .