

A scenic sunset over a body of water. The sun is a large, bright yellow-orange orb on the right side of the frame, casting a shimmering reflection on the water's surface. The sky is a mix of orange, yellow, and blue, with some white clouds on the left. In the foreground on the left, there is a dark, rocky shore with a tree that has yellow and orange autumn leaves. The overall mood is peaceful and serene.

Papulo squamous skin diseases
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Papulo squamous skin diseases

Psoriasis :

what is it ?

incidence: 1-3% of the population

1.5% in Iraq

Aetiology :

- Gentic predisposition
AD with variable penterance 80% + ve F.H
- Biochemical .
- Lmmunological factors .
- Environmental influences .
- Reaction to staph. and strep. Super Ag .
- Stress precipitate the episode .
- Drugs .

Main changes

Histopathology :









How does it present ?

- Age of onset .
- M / F .
- Sharply demarcated .
- Salmon pink .
- Oval or rounded .
- Plaque of variable sizes .
- Covered by whitish silvery scales .
- Candle and Auspitz's signs .



Sites

Clinical variants :

- Plaque psoriasis   (psoriasis vulgaris)
- Guttate psoriasis . 
- Pustular psoriasis . 
- Erythrodermic psoriasis . 
- Arthropathic .
- Flexural or inverted .  
- PP psoriasis . 
- Nail psoriasis .
- Follicular .

Nail changes : 25-50 %

- Pitting (coarse and irregular) .
- Sub unguial hyper keratoses .
- Onychlysis .
- Oil drop .
- Nail deformity .

Oral cavity

Hair

Diagnosis :

course and prognosis

Treatment :

If localized to ;

- Face and flexures → use topical steroid
- Extensors → use tar and diathranol

Calciportial (vit. D3) Divonax

- Intra lesional injection of steroid .

If:


- Generalized involving more than 20% .

- Pustular .

- Erythrodermic .

- Arthropathic .

- Resistant palmo – planter .



Use systemic
treatment .

What are the commonly used systemic treatment

-PUVA .

(psoralen + UVL)

-MTX 0.2- 0.5 mg / kg weekly. Orally or i.m.

Cyclosporine .

-Retnoides .

Etretinate (Tegison) Img / kg .

9 months

Acitretin (Neotegison)

side effects

Systemic steroid

When to be used ?

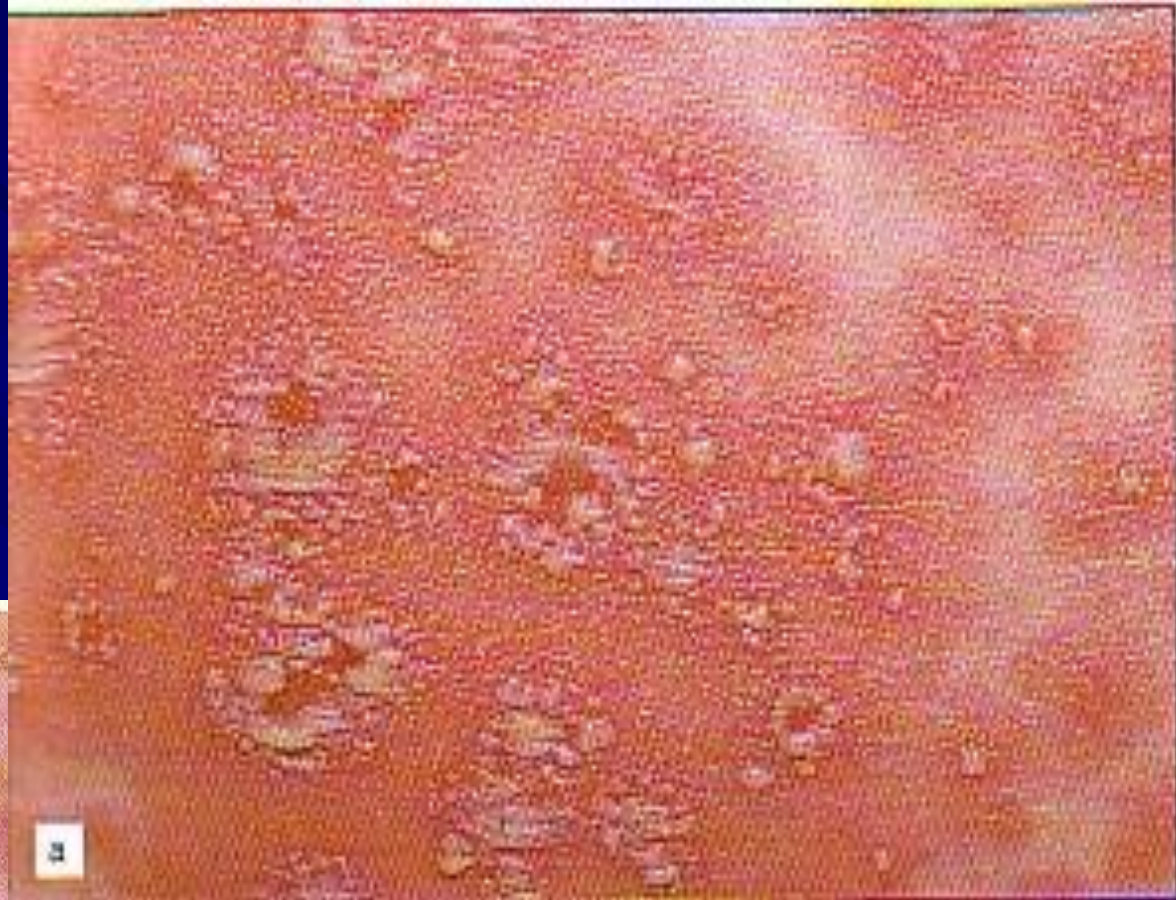
Systemic antibiotics

biologic therapy

infixmab

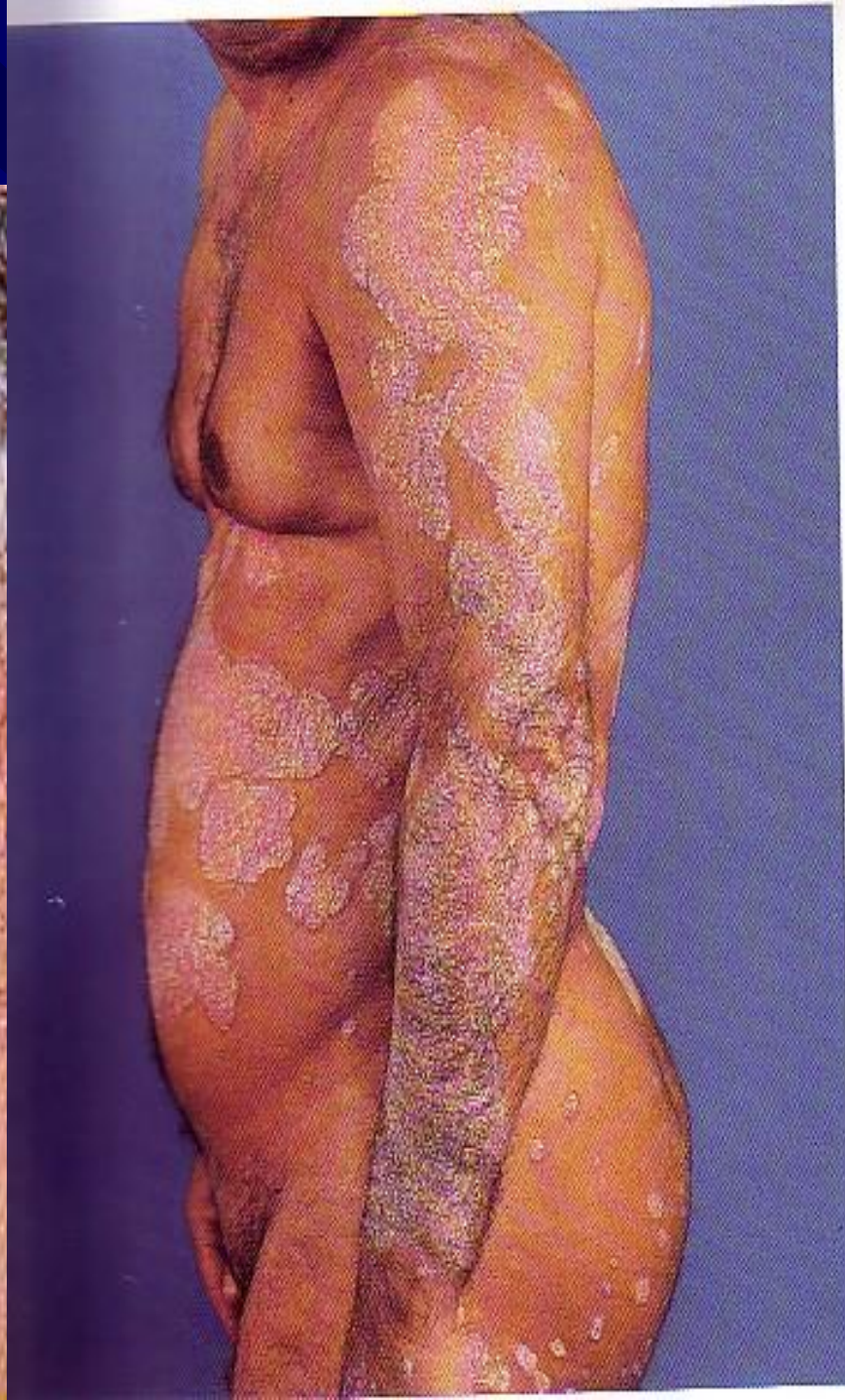


Thank you



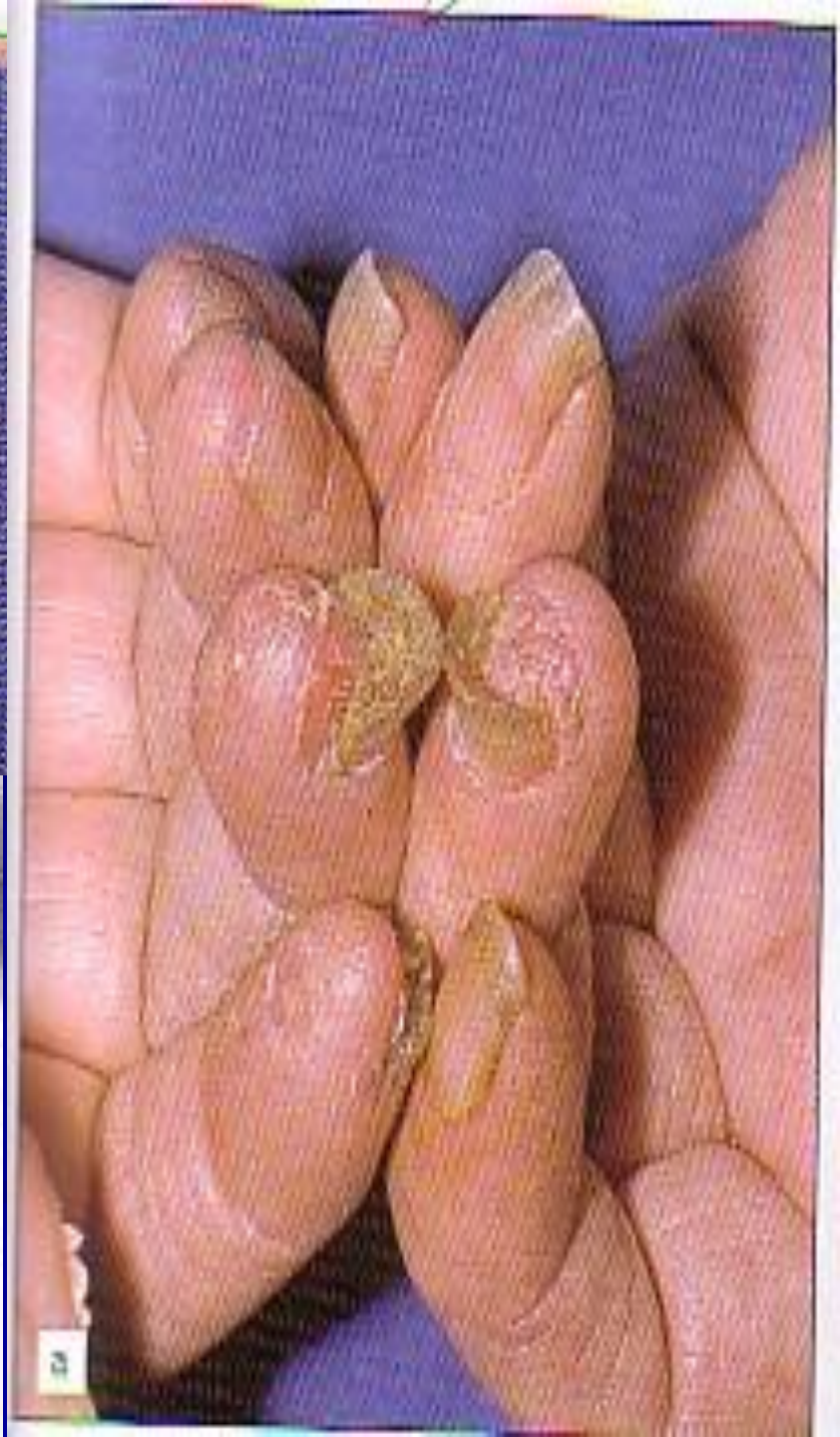
















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