

[J Hum Hypertens.](#) 1992 Apr;6(2):139-44.

Effects of nicardipine on the metabolic responses to food and exercise.

[Ahmed JH](#), [Elliott HL](#), [Hosie J](#), [Farish E](#), [Reid JL](#).

Author information

Abstract

In a placebo-controlled, double-blind, randomised, cross-over study the metabolic and hormonal responses to standard food and exercise challenge have been evaluated in seven patients with mild to moderate essential hypertension after treatment with nicardipine 30 mg three times daily for four weeks. There were no significant differences between nicardipine and placebo for any of the measured hormonal and metabolic indices following food or exercise. These results indicate that nicardipine has no clinically important effects on serum lipids or hormonal or metabolic responses to food and exercise.

PMID:

1597847

[PubMed - indexed for MEDLINE]