## Pharmaceutical Terminology

**A drug** is any substance other than food, that when <u>inhaled</u>, <u>injected</u>, consumed or absorbed via a <u>patch</u> on the skin causes a physiological change in the body.

In <u>pharmacology</u>, a <u>pharmaceutical drug</u> or medicine, is a chemical substance used to treat, cure, prevent, diagnose a disease or promote well being.

a drug can be broadly defined as any man-made, natural, or endogenous (from within body) molecule which exerts a biochemical and/or physiological effect on the cell, tissue, organ, or organism.

Traditionally drugs were obtained through extraction from <u>medicinal plants</u>, but more recently also by <u>organic synthesis</u>.



#### **Pharmacology**

is the branch of <u>medicine</u> and <u>biology</u> concerned with the study of <u>drug</u> action in the biological system.

More specifically, it is the study of the interactions that occur between a living organism and chemicals that affect normal or abnormal biochemical function

#### **Pharmacokinetics**

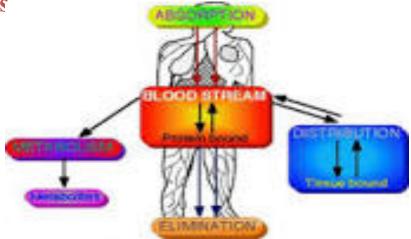
sometimes abbreviated as PK (from Ancient Greek pharmakon

"drug" and *kinetikos* "moving, putting in motion";

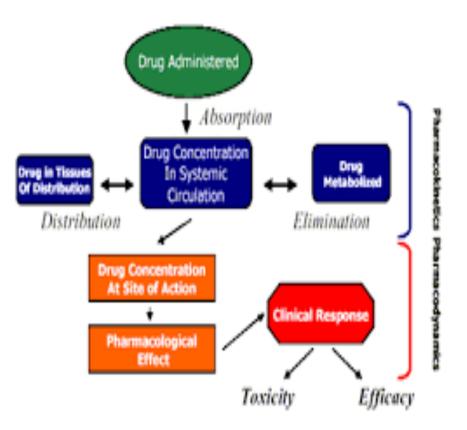
is a branch of <u>pharmacology</u> dedicated to determining the fate of substances administered externally to a living organism.

• The substances of interest include pharmaceutical agents,

hormones, nutrients, and toxins



#### Pharmacodynamic vs. Pharmacokinetic



•It attempts to discover the fate of a drug from the moment that it is administered up to the point at which it is completely eliminated from the body.

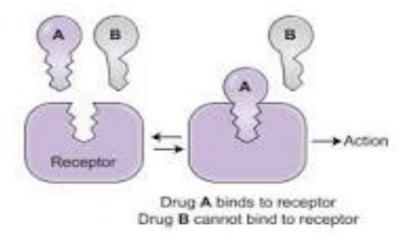
• **Pharmacokinetics** describes how the body affects a specific drug after administration through the mechanisms of absorption and distribution, as well as the chemical changes of the substance in the body by metabolic <u>enzymes</u> such as <u>cytochrome P450</u> or enzymes, and the effects and routes of excretion of the metabolites of the drug

#### **Pharmacodynamics**

is the study of the biochemical and <u>physiological</u> effects of drugs on the body or on microorganisms or parasites within or on the body and the mechanisms of drug action and the relationship between drug concentration and effect.

One dominant example is drug-receptor interactions as modeled by

## $L + R \ \rightleftharpoons \ L \cdot R$



#### Dose

**Dose** means **<u>quantity</u>** of medicin prescribed to be taken at one time.

**Dosage** is the rate of application of a dose.

#### **Dosage forms**

**Dosage forms** (also called **unit doses**) are essentially <u>pharmaceutical drug</u> products in the form in which they are marketed for use, typically involving a mixture of active drug components and nondrug components (excipients), along with other non-reusable material that may not be considered either ingredient or packaging (**such as a capsule shell, for example**).



#### **Route of administration**

• A **route of administration** in <u>pharmacology</u> and <u>toxicology</u> is the path by which a <u>drug</u>, fluid, poison, or other substance is taken into the body.

- Routes of administration are generally classified by the location at which the substance is applied.
- Common examples include oral and intravenous administration. Routes can also be classified based on where the target of action is.
- Action may be topical (local), enteral (system-wide effect, but delivered through the <u>gastrointestinal tract</u>), or parenteral (systemic action, but delivered by routes other than the GI tract).

#### **Adverse effect**

In <u>medicine</u>, an **adverse effect** is an undesired harmful effect resulting from a <u>medication</u> or other intervention such as <u>surgery</u>. **An adverse effect** may be termed a "<u>side effect</u>", when judged to be secondary to a main or <u>therapeutic effect</u>. If it results from an unsuitable or incorrect <u>dosage</u> or procedure, this is called a <u>medical error</u> and not a <u>complication</u>. Adverse effects are sometimes referred to as "<u>iatrogenic</u>" because they are generated by a <u>physician</u>/treatment. *≻*<u>morbidity</u>,rate of disease in population

- ➤ <u>mortality</u>,state of being subject to death
- ≻alteration in <u>body weight</u>, levels of <u>enzymes</u>, loss of function, or
- > as a <u>pathological</u> change detected at the microscopic,
- macroscopic or physiological level.
- > It may also be indicated by <u>symptoms</u> reported by a patient.
- Adverse effects may cause a reversible or irreversible change,

#### **Indication and contraindication**

#### **Indication** Is a medical condition to which certain treatment

#### should be prescribed

**Contraindication** is a condition or factor that serves as a reason to withhold a certain medical treatment due to the harm that it would cause the patient.

• Contraindication is the opposite of <u>indication</u>,

• For example, children and teenagers with viral infections should not be given <u>aspirin</u> because of the risk of <u>Reye's syndrome</u>,

#### **Drug interaction**

• A drug interaction is a situation in which a substance (usually another drug) affects the activity of a <u>drug</u> when both are administered together. This action can be <u>synergistic</u> (when the drug's effect is increased) or <u>antagonistic</u> (when the drug's effect is decreased) or a new effect can be produced that neither produces on its own.

• Typically, interactions between drugs come to mind (drug-drug interaction). However, interactions may also exist between drugs and foods (drug-food interactions), as well as drugs and <u>medicinal plants</u> or <u>herbs</u> (<u>drug-plant interactions</u>). People taking <u>antidepressant drugs</u> such as <u>monoamine oxidase</u> inhibitors should not take food containing <u>tyramine</u> as hypertensive crisis may occur (an example of a drug-food interaction).

## **Pharmacotherapy**

- **Pharmacotherapy** is <u>therapy</u> using <u>pharmaceutical drugs</u>, as distinguished from therapy using <u>surgery</u> (surgical therapy), radiation (<u>radiation therapy</u>), movement (<u>physical therapy</u>), or other modes.
- Among <u>physicians</u>, sometimes the term *medical therapy* <u>refers</u> <u>specifically</u> to pharmacotherapy as opposed to surgical or other therapy
- <u>Pharmacists</u> are experts in pharmacotherapy and are responsible for ensuring the safe, appropriate, and economical use of pharmaceutical drugs.

## Clinical pharmacy

•Clinical pharmacy is the branch

of <u>Pharmacy</u> where <u>pharmacists</u> provide <u>patient care</u> that optimizes the use of <u>medication</u> and promotes <u>health</u>, <u>wellness</u>, and <u>disease</u> <u>prevention</u>.

•Clinical pharmacists often collaborate with physicians and

other <u>healthcare professionals</u>.

• Clinical pharmacists have extensive <u>education</u> in the, biomedical, <u>pharmaceutical</u>, socio behavioral and clinical sciences.

• Most clinical pharmacists have a <u>Doctor of</u>

<u>Pharmacy</u>(Pharm.D.) <u>degree</u> and many have completed one or more years of <u>post-graduate</u> training (e.g. a general and/or specialty pharmacy residency)

A pharmacist may become a Board Certified
Pharmacotherapy Specialist (BCPS), a Board Certified
Oncology Pharmacist (BCOP), a Board Certified a Board
Certified Nutrition Support Pharmacist (BCNSP), a Board
Certified Psychiatric Pharmacist (BCPP)

# Therapeutic drug monitoring

•**Therapeutic drug monitoring (TDM)** is a branch of <u>clinical</u> <u>chemistry</u> and <u>clinical pharmacology</u> that specializes in the measurement of <u>medication</u> concentrations in <u>blood</u>. Its main focus is on drugs with a narrow <u>therapeutic range</u>, i.e. drugs that can easily be under- or overdosed.

•**TDM** aims at improving patient care by individually adjusting the dose of drugs for which clinical experience or clinical trials have shown it improved outcome in the general or special populations. **Patient education** is the process by which <u>health professionals</u> and others impart information to patients and their caregivers that will alter their health behaviors or improve their health status

**Patient compliance** (also **adherence**, **capacitance**) describes the degree to which a patient correctly follows medical advice.

### Prodrug

• A prodrug is a <u>medication</u> or compound that,

after <u>administration</u>, is <u>metabolized</u> (i.e., converted within the body) into a <u>pharmacologically active</u> drug.

• Inactive prodrugs are pharmacologically inactive medications

that are metabolized into an active form within the body