MEDICAL GENETICS

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LEARNING OBJECTIVES

- 1- How can we classify diseases?
- 2- What do we mean by Mendelian disorders?
- 3- What is a mutation?
- 4- What are multifactorial diseases?

Classification Of Human Diseases

- 1- Single gene diseases.
- 2- Multifactorial diseases.
- 3- Cytogenetic diseases.
- 4- Diseases with abnormal Mendelian inheritance.

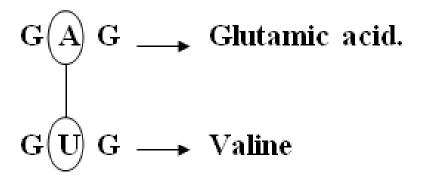
Mutations

- -Defined as permanent change in the DNA.
- -Mutations that affect germ cells are transmitted to the progeny and may give rise to inherited diseases.
- -Mutations that arise in somatic cells are important cause of cancer.

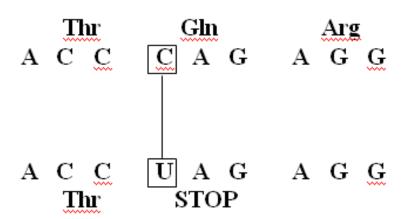
Types

1-Point mutations: It is single base substitution.

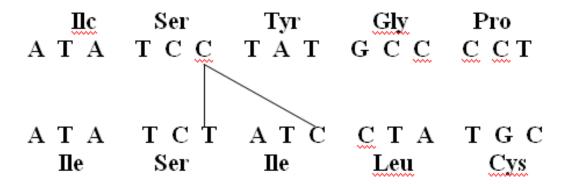
A-Missense mutation: It is point mutation leading to the replacement of one amino acid by another in the gene product.



B-Nonsense mutation: It is point mutation that leads to a change in the amino acid codon into stop codon.



2-Frameshift mutation: It means small deletion or an insertion involving the coding sequence leads to alterations in the reading frame of DNA.



3-Trinuceotide repeats mutation: It is amplification of a sequence of 3 nucleotides (CGG).

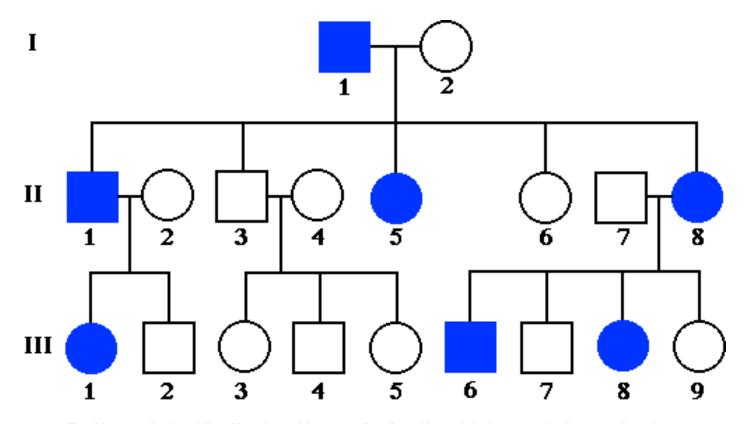
Fragile X syndrome is the most common example.

Mendelian Disorders:

They are group of diseases that result from mutations in a single gene and follow Mendel's law.

Autosomal dominant disorders:

- Manifest in heterozygous.
- One parent of index case is affected.
- Both males and females are affected.
- Chance of transmission is 50%.
- Most common diseases are neurofibromatosis, Marfan syndrome, familial hypercholesterolemia.



Pedigree 1. An idealized pedigree of a family with hypercholesterolemia, an autosomal dominant disease where the heterozygote has a reduced number of functional low density lipoprotein receptors.

Achondroplasia



2-Autosomal recessive disorders:

- -Manifest in homozygous.
- -Do not usually affect parents.
- -Both male and females are affected.
- -Chance of transmission is 25%.
- -Examples of such disorders are lysosomal storage diseases, glycogen storage diseases, and alkaptonuria.

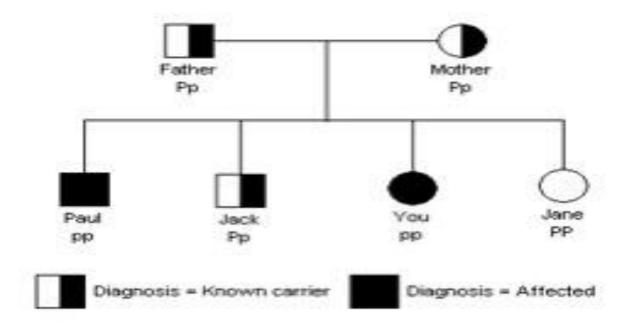
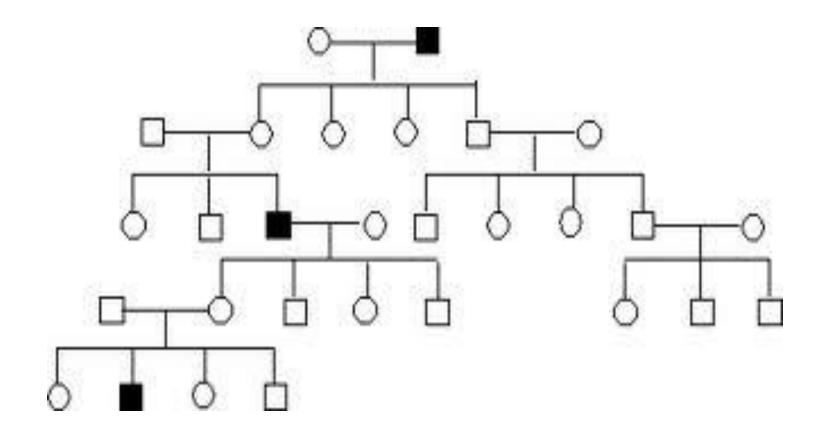
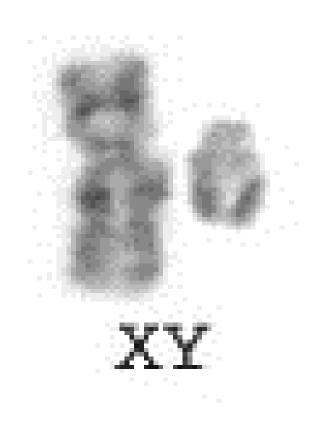


Figure 1

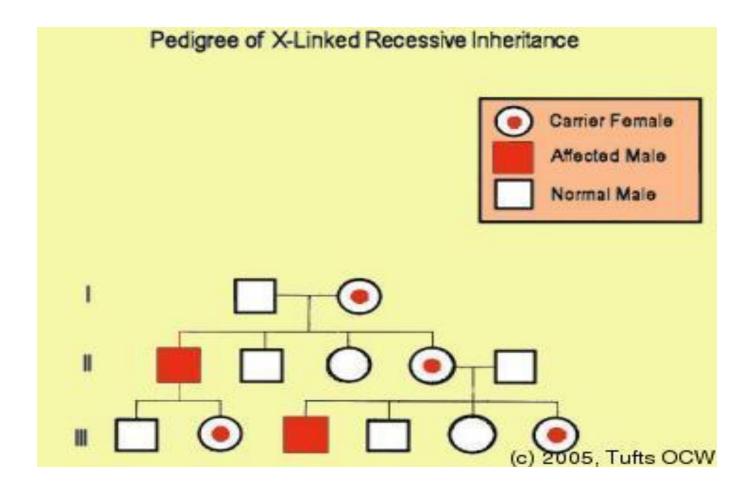


SEX LINKED DISEASES



3-X- linked recessive disorders:

- Manifest in males.
- -Affected male does not transmit the disease to his sons, but all his daughters will be carriers.
- •Carrier women can transmit the disease to 50% of her sons.
- Best known examples are hemophilia A, G6PD deficiency, and diabetes insipidus.

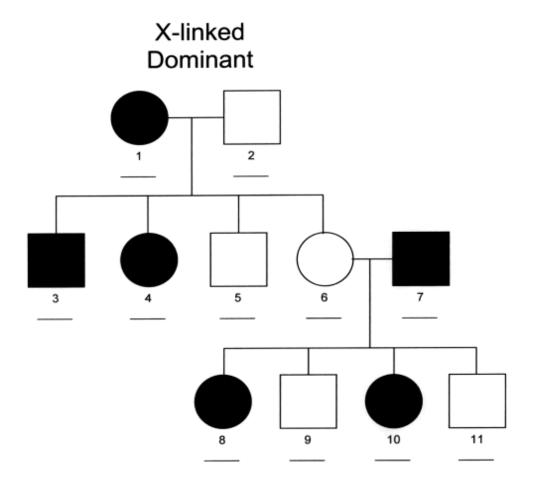


A FEMALE IS PRESENTED WITH AN X-LINKED RECESSIVE DISORDER

EXPLAIN HOW?

4- X- linked dominant disorders:

- Affected heterozygous women transmit disease to 50% of her sons and daughters.
- Affected men can transmit the disease to all of his daughters but none of his sons will be affected.
- Vitamin D resistant rickets is a good example.



Multifactorial disorders:

It results from the combined actions of environmental influences and 2 or more genes.

- •The rate of recurrence of the disorder for the first degree relatives (parents, offspring, and siblings) is between 2-7%.
- •The risk for identical twins to have a disease is 20-40%.
- •The risk is increased in siblings of index case that has severe phenotypic expression of the disease. For example, siblings are at risk of 2.5%to have cleft lip if the index case has a unilateral cleft lip, but are at 6% if the index case has bilateral cleft lip.
- •The greater the number of relatives to have a disease, the higher the risk for relatives to have a disease in future.
- •The risk of recurrence in subsequent pregnancies depends on the outcome of previous pregnancies.